



## Area Agency on Aging of North Idaho

2120 Lakewood Drive, Suite B • Coeur d'Alene, ID 83814  
208-667-3179 • 800-786-5536 • Fax 208-667-5938 • [www.aaani.org](http://www.aaani.org)

### FAMILY CAREGIVER RESOURCES

#### **Adult Day Center:**

McGrane Center – Cd'A – (208) 666-2728- [www.kootenaihealth.org](http://www.kootenaihealth.org)

Daybreak Center – Sandpoint – (208) 265-8127

**Assistive Technology** – Cd'A – (208) 664-2901- [www.idaho.at4all.com](http://www.idaho.at4all.com) – Provides information and samples of assistive devices to help seniors with daily needs in their homes.

**Alzheimers Association** – 2003 Lincoln Way, Cd'A – (208) 666-2996 – [www.alz.org/inlandnorthwest](http://www.alz.org/inlandnorthwest)

#### **Alzheimers Support Group:**

Kootenai Medical Ctr.-Cd'A- Classroom 3, (208) 772-2542

Contact: Arlene Sleigh - 3<sup>rd</sup> Sat. of the month 1:30PM– 3:30 PM

Valley Vista Care Center –Sandpoint-(208) 265-4514 -3<sup>rd</sup> Mon. 2:00PM

Guardian Angel Homes, 1070 E. Mullan, Post Falls, 777-7797, facilitator Kent Moline

Good Samaritan Society – Silver Wood Village Silverton-(208) 556-1147 – 1<sup>st</sup> Frid. 3:00PM

**Caregiver Support Group** – Post Falls Senior Ctr. 1205 E. 3<sup>rd</sup> St. Post Falls (208) 773-9582

**Community Action Partnership:** [www.acommunityactionpartnership.org](http://www.acommunityactionpartnership.org)

Benewah – 416 Main St. St.Maries – (208) 245-9090

Bonner – 1650 Baldy Mountain Rd.- Sandpoint (208) 255-2910

Boundary – 7164 4<sup>th</sup> St. Bonners Ferry – (208) 267-3663

Kootenai – 4942 Industrial Ave. East, Cd'A – (208) 664-8757

Shoshone – 311 Main St., Kellogg - (208) 783-4901

Food bank, weatherization, telephone assistance, energy assistance for low income families

**Commission for the Blind & Visually Impaired** - Cd'A – (208) 769-1411

#### **County Assistance:**

Benewah –St. Maries – (208) 245 – 3212

Bonner –Sandpoint - (208) 255-5291 [www.co.bonner.id.us/assistance/index.html](http://www.co.bonner.id.us/assistance/index.html)

Boundary –Bonners Ferry - (208) 267-2242

Kootenai –Cd'A – (208) 769-4427

[www.co.kootenai.id.us/departments/countyassistance](http://www.co.kootenai.id.us/departments/countyassistance)

Shoshone –Kellogg - (208) 752-8601

**Disability Action Agency** – Cd'A – (208) 664-9896

Have wheelchair, bath aides, walkers etc. Help with disabilities for adults and children.

**Driving Evaluation at McGrane Center** – Cd'A - State of Idaho Certified Driving

Instructor – (208) 666-2378 – (208)6662950

**Elder Help** – Hayden – (208) 661-8870 – Contact Ruth – Helping seniors with safety issues to keep them safe at home. – Grab bars in bathroom, ramps, some plumbing problems and weatherization. **Kootenai County Only**

**Fit and Fall Proof Issues** – Classes are being held at different site throughout the five counties. Contact Joanna Adams at Panhandle Health – (208) 415-5141 for the scheduled sites, dates and times.

**Home Health Agencies** – Provide in-home services for clients – Call **Area Agency on Aging** - (208) 667-3179, x 222 or look in the Yellow Pages under Home Health Agencies for names and phone numbers of agencies.

**Hospice:**

Hospice of North Idaho – Non-Profit – Hayden (208) 772-7731

Applegate Hospice – Hayden – (208) 762-782

Bonner Community Hospice –Sandpoint – (208) 265-1179

Auburn Crest Hospice – Post Falls (208) 773-7731

**Senior Legal Hot Line/Idaho Legal Aid** – Senior (60) – 866-345-0106 – Monday – Friday – 9:00AM – 12:00PM – 1:00PM – 4:00PM Mountain Standard Time

**Medical Alert** – Kootenai Medical Center, Social Services, Cd’A (208) 664-2934 LifeLine alert service designed to reduce the risk of living alone. Information on other personal emergency response systems for the different counties is available by contacting **Area Agency on Aging** – (208) 667-3179 – (800) 786-5536

**Money Management International** – Non-Profit -Cd’A – (800) 747-4222 – Help with debt reduction and debt counseling and HUD approved reverse mortgage counseling.

**Memory Clinic** – North Idaho Memory Clinic - Cd’A- (208) 666-0448 – Clinic test for dementia and Alzheimer’s

**Senior Health Benefits Advisor (SHIBA)** – Cd’A (208) 666-6847 – (800) 247-4422 Advisors for Medicare and Supplement Insurance for Idaho.

**Senior Centers** – Call **Area Agency on Aging** for location and phone numbers for Senior Centers in Benewah, Bonner, Boundary, Kootenai & Shoshone.

**Senior Companion** – Panhandle Health District – (208) 415-5160

**Additional Web Sites:**

[www.aarp.org](http://www.aarp.org)

[www.Agingcare.com](http://www.Agingcare.com)

[www.healthyaging.net](http://www.healthyaging.net)

[www.caregiver.org](http://www.caregiver.org)

[www.agis.com](http://www.agis.com)

[www.caring.com](http://www.caring.com) Provides the advice, practical information, easy-to-use tools, and person-to-person support you need to make the caregiving easier.

[www.benefitscheckup.org](http://www.benefitscheckup.org) Those with limited income can find and enroll in federal, state, local and private programs that help pay for prescription drugs, utility bills, meals, health care and other needs.

**Contact Area Agency on Aging of North Idaho, [www.aaani.org](http://www.aaani.org), (208) 667-3179 or (800) 786-5536, 2120 Lakewood Dr. Ste, B, Coeur d’Alene, ID 83814, for other resources for Benewah, Bonner, Boundary, Kootenai and Shoshone counties.**