



WANT TO AVOID THE MAZE OF
SETTING UP HOME CARE?
CALL

208-667-3179
800-786-5536

The AREA AGENCY on AGING of NORTH IDAHO
2120 Lakewood Drive, Suite B
Coeur d'Alene, ID 83814

www.aaani.org



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Choosing the **BEST CARE**
for **THE LONG TERM**



Most people want to stay in their homes for as long as possible.



Choice of settings range from in-home, assisted living, or skilled nursing.



The level of care needed is the best indication of the appropriate setting for care.



Generally speaking, the more skilled the care, the higher the cost.

The Area Agency on Aging of North Idaho

PROVIDES HEALTH RELATED LONG-TERM SERVICES AND SUPPORT

for as little as \$200 per month



IN HOME CARE

Family members may have the time and knowledge to provide care in the home, but it can be exhausting and demanding. Caregiving can range from an hour or two a week to around the clock.

When skilled nursing or therapies are involved, Medicare and other insurances may pay for the care, but generally for only a short period of time.

Home health care will typically cost about \$1,000 per month.

ASSISTED LIVING

⇒ Assisted living facilities work to create warm, supportive, home-like residences for older adults.

⇒ Many offer social, cultural and educational like enrichment programs to amenities that foster an independent lifestyle.

⇒ Food services and personal care are available; cost varies depending on services chosen.

⇒ In northern Idaho monthly costs average between \$2,900* and \$4000*, depending on location.

SKILLED NURSING FACILITY

⇒ Skilled care is health care given when you need skilled nursing or rehabilitation staff to manage your care.

⇒ Medicare will cover skilled care when you meet certain conditions, and is only available for a short period of time.

⇒ Medicare doesn't cover custodial or long-term care.

⇒ Cost for skilled nursing facilities varies depending on services. In northern Idaho the cost averages \$156 per day for a private room, and \$146 per day for semi-private. It can cost as much as \$4,677* per month.

* The Price Guide to Long Term Care Insurance and Services in Idaho. January 2010.



Services offered through your **Area Agency on Aging** include:

CARE COORDINATION

Assessing needs, establishing a care plan, reviewing options, and setting up services with chosen providers.

CARE TRANSITIONS INTERVENTION®

Help with transition from hospital to home and nursing care to home.

CAREGIVER COUNSELING

Help navigating life transitions and planning for the future.

ADDITIONAL SERVICES AVAILABLE

- HOME DELIVERED MEALS
- RESPITE
- HOMEMAKER
- MEDICATIONS REVIEW



For a list of home health providers, facilities, assisted or skilled, contact:

Area Agency on Aging of North Idaho | 208-667-3179 | infoassist@aaani.org | Fee schedule available at www.aaani.org