Masquerade Tea Fundraiser

FOR RELATIVES AS PARENTS

Hurry and get your tickets to the “Masquerade Tea”. This is going to be so much fun!! There are only 20 tables and they are selling out fast. You will have a good time while you are helping the children being raised by relatives. This is the only fundraiser we have to sponsor these children with scholarships for camps, help with a Christmas gift, scholarship for books when they start college and anything that is deemed a necessity.

Tickets are $7.50 a piece or if you wish to sponsor a table it is $45 for a table for 6 to 8 people. Sponsor's must provide their own tea set with desert dishes and a 90” round table cloth. The best decorated table receives a prize. We provide the tea, food and entertainment. We ask sponsors to provide an item or basket for our raffle.

Bring your daughters, nieces, grand-daughters, mothers, grandmothers, aunts or the lady next door. All ages are invited!! You can purchase your tickets at www.kootenaialliance.org/kincare or call 208-667-0320.

Buy, make or borrow a mask. There will be prizes for the best masks. You can purchase blank masks at Michaels or buy ready made mask at many of the stores in the area. There is an inclosed Masquerade flyer and sponsorship table form with this newsletter. See you on October 26th at the St. Pius Church at 1:00 pm.

Relatives As Parents Meeting on October 10th

October 10th will the Relatives As Parents meeting. There will be a potluck lunch. Bring your kids as there is no cost child care. Jannette Taylor, Kinship VISTA for North Idaho, will give a presentation and hand out information on a program called Prescription Hope. If you are taking medication you think you can’t afford and you know it is necessary to take this medication you may be able to get it for a low cost. Come hear about this program and ask questions. This might be the resource you need! The RAP meeting starts at noon and goes until 2 pm. You are welcome to come late and leave early...whatever fits your schedule. For more information call Glenda at 208-769-7096.
Next Sale Event: October 12-13, 2013 at Kootenai Co. Fairgrounds (Buildings 1, 2, 3) in Coeur d’Alene.
Welcome to the sale of Just Between Friends of North Idaho! Join the fun as a Shopper, Consignor, Team Member or all three.
Saturday, October 12th  9am-5pm Admission $3 (children free)
Sunday, October 13th   9am-5pm Free Admission!

Expect to find thousands of children’s items from clothing, toys, books, baby equipment and more at this sales event. These sales are held twice a year (May & October). If you have any more questions you can go to www.nidaho.jbfsale.com or call Susan Moore at 208-699-0447 or email Susan at susanmoore@jbfsale.com

The RAP/GAP Mascot is the turtle. The turtle, like us and our children, has a hard shell to protect it from getting hurt, but the inside is soft, vulnerable and lovable. We must learn to stick our heads out of our shell and take a chance.

New Novel Explores Grandparents Raising Grandchildren

Success with the IEP services training will be on Wednesday, October 16th at the Syringa Family Partnership located at 8680 N. Wayne Drive, Suite C in Hayden, Idaho. This training will be from 4 pm to 6 pm and will provide parents/guardians with information on how this communication vehicle will work for your child. Parents/guardians will receive information on how to write meaningful goals and leave with additional resources. The school based Medicaid training will provide information on the changes to services received in schools funded by Medicaid.

For more information call Amy Ireland (208)342-5884 ex.111
Helping or Enabling

By Elaine K Williams

A parenting grandparent support group in Idaho recently emailed me and asked me to distinguish between helping and enabling behaviors. They had quite a rich discussion at their meeting about whether some grandparents were helping or enabling their adult children, but did not come to a conclusion. This is a great question and one that every grown adult, parent, parenting grandparents, foster parent, and adoptive parent needs to consider as they raise their children and grandchildren. This article will specifically address parenting grandparents, but the information applies to all families. I will write this article in three parts as there is much to consider and the issues are

Part I … The Difference Between Helping and Enabling

When we are helping, we foster our adult children’s or our grandchildren’s growth. We create an environment that is positive and holds them accountable. Helping lifts you up but it does not hold you up! Instead, it allows the adult child to hold themselves up as best as they can. Helping at its best is supportive... not controlling, strengthening... not debilitating, mobilizing...not paralyzing, growth producing... not dependency-creating. When helping hurts the giver or the receiver, it is no longer helping...it is enabling.

Enabling is often disguised as helping, but it is quite the opposite. Enabling creates a sense of powerlessness for the person that needs help. Even though the child, teen or adult child may want or demand help, they often feel discouraged after receiving it, because they had to depend on someone else to resolve their immediate problem. In this way, enabling is a de-motivator, while helping supports growth and therefore a motivator.

If you are wondering if you are a helper or a enabler for your adult children or grandchildren, ask yourself these questions about how you attempt to help them.

1) Are my actions helping the person to feel more self-empowered?
2) Are the circumstances staying the same, worsening, or improving?
3) Is your adult child doing his or her best to help themselves?
4) Are my actions motivated by Fear? Pity? Guilt?
5) Am I helping my adult child or grandchild to take advantage of his or her full potential?
6) What good has come from my help?
7) What harm has come from my help?

When helping ceases to motivate or empower your adult child or grandchild, it becomes enabling. How you answered these questions will help you know if you have crossed the fine line between helping and enabling.

One other measure that might help you discern the difference between helping and enabling is this: the help offered should assist the receiver achieve some kind of sustainable self-reliance without the giver (parent or grandparent) paying a high or impossible price which threatens their own well-being.

(In next months newsletter will be Part II of The Difference Between Helping & Enabling)
3rd Annual
Festival of Teas
Relatives As Parents Fundraiser

Masquerade
Tea Party

Mask Contest
Wear a mask that you decorated, bought, found, or borrowed. Prizes for:
+ Most Unique Mask
+ Glitzy-est Mask
+ Green Mask (Recycled Materials)
+ Best Home-Made Mask

Saturday,
October 26, 2013
1:00 to 3:00 PM

St. Pius Catholic Church
625 Haycraft Avenue
Coeur d’Alene, Idaho

$7.50 Per Person or
$45 Per Table (6-8 people)

Glenda Weaver: 208.769.7096  Margo Peebles: 208.667.0320
Tickets must be purchased in advance: kootenaialliance.org/kincare
Masquerade
Tea Party

Table Sponsorship
$45
+ Invite 6-8 guests
+ Decorate your table in your chosen theme
+ Include: tablecloth, tea set, luncheon dishes, and napkins.
+ Bring an item that can be raffled (this could be the centerpiece for your table)
+ Set-up begins at 10:00am (tables must be decorated by 12:30pm)
+ Prize for best decorated table!

Saturday, October 26
1:00 to 3:00 PM
St. Pius Catholic Church, 625 Haycraft Ave., Cd'A

Table Sponsor Name:
Contact Person:
Address:
City/State/Zip:
Phone: Email:
Table Members:

Return this form with a $45 check payable to:
Kootenai Alliance for Children & Families
610 W Hubbard, Suite 123
Coeur d'Alene, ID 83814

Kootenai KinCare Committee
No Cost Library Presentations

Tuesday, October 8, 6:30 p.m., Affordable Care Act. A “Your Health Idaho” representative will help you understand the Affordable Health Care Open Enrollment process. Free. Community Library Network at Post Falls, 821 S. Spokane St., 208-773-1506.

Thursday, October 10, 6:30 p.m. Affordable Care Act. A “Your Health Idaho” representative will help you understand the Affordable Health Care Open Enrollment process. Free. Stop by the library to register or call 208-683-2979. Community Library Network at Athol, 30399 3rd St.

Thursday, October 17, 6:30 p.m. Social Security Questions. Free. Stop by the library to register or call 208-683-2979. Community Library Network at Athol, 30399 3rd St.

Thursday, November 14, 6:30 p.m. Planning for Retirement. A 40-minute presentation illustrates how you can translate your vision for retirement into tangible goals. Free. Stop by the library to register or call 208-683-2979. Community Library Network at Athol, 30399 3rd St.

Thursday, November 21, 6:30 p.m. Preventing Identity Theft. Find out how to prevent Identity Theft. Free. Stop by the library to register or call 208-683-2979. Community Library Network at Athol, 30399 3rd St.

Scarywood Haunted Nights

Enjoy unlimited use of all rides, show attractions at Scarywood Haunted Nights. Prepare to be frightened! Scarywood not recommended for children under 12 years of age. Dates: October 1, 2, 10, 11, 12, 17, 18, 19, 24, 25, & 26th. For more information www.scarywoodhaunt.com No costumes or masks of any kind allowed. (At Silverwood Theme Park)

FREE COUNSELING

At Slick Rock Counseling we strive to enhance community environment by offering counseling. Counseling services are offered with recognition and appreciation of each clients individual and unique personalities. We value diversity and differences and make every effort to provide a feeling of safety that promotes intellectual growth while fostering personal and social learning and development. Services Rendered: Individual Counseling, Couples, Groups, Adolescents, Veterans, PSTD, Trauma, Domestic Violence, Anger, Depression, Grief & Loss, Impulse Disorder & Chronic Pain.

For more information call: 208-649-5455
Draw and decorate your own mask on cardboard or heavy construction paper. Decorate with colors, glitter, sequins, ribbons, rhinestones and feathers. Use your imagination and have fun!
RAP family
Glenda Weaver
3202 Wedgewood Lopp
Coeur d’Alene, ID. 83815

glendainidaho@hotmail.com